

PHOENIX & DRAGON BOOKSTORE

Books and Gifts Celebrating the Human Spirit

February 2023

Create Your Own Valentine Affirmation David Stample



Our thinking patterns and state of mind have a huge impact on how our life unfolds. Affirmations words and statements that help us shift our thoughts and beliefs from a negative to a positive one. Join us as



we create intentional valentines for ourselves and the special people in our lives while creating uplifting affirmations.

Thursday, February 9; 7pm to 8:30pm; Free

Author Event: Your Tarot Toolkit Ru-Lee Story

It's one thing to know what a tarot card means, but it's another to know how to incorporate that into your daily life. Ru-Lee Story, debut author of the upcoming book Your Tarot Toolkit, particularly likes



transforming their card of the day into an affirmation. Join them for an engaging and interactive talk on how to create affirmations based on any tarot card you might draw! Afterwards, Ru-Lee will be available for book signings.

Saturday, February 11; 7pm to 8:30 pm; Free

Soulful Connections Art Exhibit Cynthia Groszkiewicz, Artist, Author, Poet, Actuary

In 2020, Cynthia Groszkiewicz retired after 40 years as an actuarial ERISA consultant. As a worldwide traveler, including trips to the seven continents, Cynthia documented her travels with photography. On her return to her studio, she created artistic interpretations of the vibrant scenery and soul of the wildlife she encountered.

Cynthia became a frequent contributor to the Phoenix & Dragon Bookstore's Open Mic Night with her structured poetry; influenced by both her mathematical and historical view of life with her soulful connection to the world in her travels. Through her art and poetry Cynthia has taken advantage to expand and strengthen her relationship with the beyond. The veil between the earth and the beyond was becoming more translucent.

"The Artist defines the ethers. The Poet converts the energy of the ethers into voice."

Come meet the artist Cynthia Groszkiewicz, Sunday, February 19 and celebrate her creative depths through poetry and art. 4pm to 5:30pm. Exhibit from February 6 through February 26, Free.

Sunday, February 19; 4pm to 5:30pm; Free



Please check the Facebook events page for the most up to date information about the February events in case there have been any modifications to online platforms.

Midday Meditation *Yesmara*

Yesmara will be holding free classes at noon every Wednesday. Cushioned chairs will be provided but attendees are always welcome to bring their own meditation mats or cushions. Class will be held on the second floor of the Steele building beside the bookstore (5505 Roswell Rd., Room 215).

Wednesdays, February 1, 8, 15, 22; 12 Noon to 1pm; Free

Pagans in Recovery

Pagans In Recovery is a 12 Step/12 Tradition fellowship based on the example pioneered by Alcoholics Anonymous. Pagans in Recovery seeks to create a place for those who worship more than one God and whose spirituality may include magical practices. Pagans in Recovery is available to all who need it and to be used in conjunction with a 12 Step program.

Wednesdays, February 1, 8, 15, 22, 25; 8pm to 9pm; Free

W.I.L.D. Women Vicki Evans

W.I.L.D. stands for Wise, Intuitive, Loving, and Divine. I believe that all women have the desire to make Wise choices, no matter their age. We are all Intuitive, even if you don't know it, you have that ability. Loving is something we all desire to be but we want the wisdom and intuition to guide us in making the best choices. Divine—divinity is your birthright, you were born connected to All That Is.

This group was formerly the Shamanic Women's Group but after meeting for over six years, it was time for a change. I have changed, I have grown, and I have done some deep diving into my spirituality. I would love to help you grow too.

Thursday, February 2; 7pm to 8:30pm; \$20

Register: https://www.eventbrite.com/cc/vicki-j-evans-all-my-events-1659389 or PayPal.Me/vickievanshealing

Intro to Tarot Reading Shae Anthony



Have you ever been interested in learning tarot cards? Join our inhouse tarot reader Shae Anthony to learn the meaning behind each tarot card. The tarot classes will explain in detail the traditional Rider Waite deck illustrations and meaning. Every tarot deck consists of 78 cards that are broken into sections.

The first class will focus on the Major Arcana has 22 cards, 0–21 which tells a story. The second class is the Minor Arcana 40 out of 56 cards that represent the suits (hearts, diamonds, spades, clubs) from the common deck of playing cards.

The third class is the 16 courts (page, knights, queen, kings). Tarot is really an individual practice, the knowledge from these classes are powerful and will enhance your intuition.

Friday, February 3; 7pm to 8pm; Free

Learning the Tarot: Major Arcana Darren Bucare



The Major Arcana are the backbone and infrastructure for all 78 cards in every tarot deck. They are known as the "Journey of the Fool." This journey will take us to great heights of adventure, insight, tragedy, and love. Darren Bucare will share his hands-on approach and 25 years experience as a professional tarot reader to synchro-



nizing the symbology of the Sun, the Lovers, etc... with our daily lives. Your father-in-law could be the Emperor, your boss, the High Priestess. Learn everything you need to know about the Major Arcana in this incredible class.

This 5-course class will cover the Major Arcana and the Minor Arcana. The classes take place on the first Saturday of the month from February 2 to July 1.

Saturday, February 4 @ 4:30pm to 6:30pm; \$30 or \$125 for all 5 classes

[Live and Zoom Class] Transmission Meditation Share International USA SE Region

Transmission is a simple group meditation which provides both a dynamic service to the world, and a powerful means of personal spiritual development. Introduced in 1974 by a great spiritual teacher, one of a group of enlightened, incorruptible, compassionate teachers known as the Masters of Wisdom, Transmission Meditation is free, open to all and will enhance any other spiritual practice in which you may be engaged.

Saturday, February 4; 7:30pm to 9pm; Free

Register: tinyurl.com/2n5p4744

Art of Breath Class Noel Plaugher

Learn to breathe... This class will cover breathing techniques used in many disciplines to provide relaxation, focus, and better health. Learn the art of breath from the author of *Standing Qi Gong*. Anyone can attend this class. Some topics covered are diaphragmatic breathing, techniques to relieve stress, breath for focus, and meditation. You will learn a lot and have a great time doing it!

Sunday, February 5; 12 Noon to 1:30pm; Love offering gratefully accepted.

Hot Cocoa Happy Hour Chef David Stample



Self Care Saturday
Susan Rushing



Gather with us for insightful oracle messages for the collective as delivered through the cards to enhance the loving energy of the month, while enjoying Reiki-infused hot cocoa and sweet treats. Stay during this reflective evening to draw an oracle card for David to share an individual message from spirit.

Wednesday, February 8; 7pm to 8:30pm; \$16 *Includes refreshments, reflection, and relaxation.* Space is limited. Call 404-255-5207 to book your spot.

[Zoom Class] Wisdom and Healing Through Shamanic Journeys Vicki Evans

The online event gives you the opportunity to journey to the spirit realms without leaving the comfort of your home!

Would you like to be able to receive more guidance from the spiritual realms? Shamanic journeys are a tool that shamans use to go to non-ordinary reality, to the places where they can have a strong and clear con-



nection to their spirit helpers. Fortunately, you don't have to be a shaman to benefit from doing a Shamanic Journey. In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum, and be guided into the spirit worlds where you are able to meet with guides who have come for you highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle presence so you know that you are in non-ordinary reality and allow you to relax and remember who you are. At other times they come with words or visions to bring forth the messages and healing for you.

No experience is necessary to join, we will do two journeys and they will be guided unless everyone is experienced with the process and then only the first one is guided.

Thursday, February 9; 7pm to 8:30pm; \$20

Register: https://www.eventbrite.com/cc/vicki-j-evans-all-my-events-1659389

Healing Circle David Stample



Are you interested in healing for yourself and other? Join us for our healing circle, where we'll discuss and share different healing modalities amongst like minded people. We will also practice grounding, mediation techniques and divination tools.

Friday, February 10; 5pm to 7pm; Free

Join Susan Rushing as she demonstrates and discusses the importance of self care in the daily life of an empath, Product demos, recipes, and rituals will be shared and created with products available at Phoenix & Dragon Bookstore.

Saturday, February 11; 11am to 1pm; \$15 Call 404-255-5207 to RSVP

Japanese Tea Journeys Western Immortal Tea

Experience the wonderful world of teas that can only be described as "distinctly Japanese." From the history, culture, farming, production, and preparation, Japan has produced some of the world's best and most uniquely deli-



cious teas and refined tea experiences. In this class we will explore this rich tea culture, it's history, and all of it's major teas. We will also be demoing a traditional preparation of matcha, most famously prepared in the tea ceremony (ours will be much shorter and informal)! Best of all, we will be sampling several Japanese teas! Every attendee will go home with a sample of a Japanese tea and get a chance to win their very own matcha tea set!

Sunday, February 12; 2pm to 4pm; \$5 Call 404-255-5207 to register.

The Life Group Shae Anthony



Life can bring many uncertainties conveyed with fear, especially when emotions are not processed or explained. There are times in our lives when no one seems to understand, causing us to feel alone. If you are seeking a safe space to be spiritual, a like-minded community to share experiences, and become empowered to overcome life challenges please join Shae's Life Group! This one-hour session will provide helpful life coaching tips, coping techniques, and closing with a powerful meditation.

Monday, February 13; 6:30pm to 7:30pm; Free

Self Love 101 David Stample



Join us as we share the fundamentals of self love which is necessary to ensure you won't settle for less than you deserve. We will provide you with practical steps for applying self love to your everyday life.

Tuesday, February 14; 7pm to 8:30pm; \$25 Call 404-255-5207 to register.

Energy Healing Share Vicki Evans and Cat Pullen

Energy healers are you looking for a place to practice your healing abilities? Or maybe you are always giving and would like to receive healing too? This group is for practitioners, whether you are trained in Reiki, Crystal, Shamanic, or other healing modalities you are welcome to come and receive and share in the healing. All participants will both give and receive.

For now, this group is only for practitioners. We will also have the opportunity to discuss and ask questions about healing practices. Both Cat and Vicki are experienced healing practitioners and willing to answer questions and give guidance when requested.

Tuesday, February 14; 7pm to 8:30pm; \$10

[Zoom Class] W.I.L.D. Women

Vicki Evans

W.I.L.D. stands for Wise, Intuitive, Loving, and Divine. I believe that all women have the desire to make Wise choices, no matter their age. We are all Intuitive, even if you don't know it, you have that ability. Loving is something we all desire to be but we want the wisdom and intuition to guide us in making the best choices. Divine—divinity is your birthright, you were born connected to All That Is.

This group was formerly the Shamanic Women's Group but after meeting for over six years, it was time for a change. I have changed, I have grown, and I have done some deep diving into my spirituality. I would love to help you grow too.

Thursday, February 16; 7pm to 8:30pm; \$20

Register: https://www.eventbrite.com/cc/vicki-j-evans-all-my-events-1659389

A Course in Miracles Demystified Sandra Niven

A once-a-month class about the modern spiritual classic: *A Course in Miracles. ACIM* is a roadmap—out of stress, striving and suffering and into peace, happiness and relaxation. The sessions will be fun, informative, interactive and make it easier to learn the main principles. All levels of students welcome.

Friday, February 17; 11am to 1pm; Love offerings accepted Call 404-255-5207 to register. Space is limited.

Poetry and Music Open Mic Night

As the winter chill and darkness is upon us, get bundled up and bring your poetry or songs to share and warm the night. We have missed the energy of community of poets. If you have been missing poetry nights too, join us for poetry, thought-provoking spoken word, or bring your guitar to turn your music to song.

We encourage poets of all ages to join us. The 7pm to 8pm hour features family-friendly material: Bring your children, grandchildren, or grandmother. The tone shifts from 8 pm to 9pm for more adult-themed topics.

All are welcome, including performers and spectators. Friday, February 17; 7pm to 9pm; Free

Goat Yoga GGA Dwarf Goat Yoga

Heal your mind, body and spirit with your favorite spirit animal, dwarf goats! Join us for some relaxation while you participate in goat yoga with GGA Dwarf Goat Yoga.

This winter, join us at Phoenix & Dragon Bookstore for our once-a-month, exclu-



sive class. With 2 locations offered, we can host the classes indoor or outdoor, if the weather permits. So bring something warm and cozy just in case.

In this 1-hour class, led by our certified instructor Young Washington, you'll be able practice yoga with miniature goats. The Yogis will perform breathing exercises, and various Yoga positions. While doing so, dwarf goats can hop around you, climb your back, sit on top of you, even nap on you or your yoga mats while you let go of all your stress.

Animal Therapy is the idea. There have been multiple claims of healing from this practice. The root of the Yoga poses are in Ashtanga and Kemetic Yoga. The class also includes a Sound Bath with Tibetan sound bowls. The goats do their own thing while you enjoy the moment and release expectations. Beware as it may cause extreme happiness. The experience you will have can be very eye opening and align you with your 7 chakras.

Children 7 and up accompanied by a parent are welcome. Please bring a yoga mat to this class. Class will be taking place in the gallery.

Saturday, February 18; 12 Noon to 1pm; \$35

Change Your Interiors, Change Your Life with Feng Shui Roberta Grant

Feng Shui, the study of the ancient Chinese art of placement, has been practiced for over 3,000 years in China. The growing popularity of this environmental art and science results in extraordinary effects on people, including rewarding relationships, new career opportunities, improved health and an increase in happiness and prosperity!

Join this informative, interactive and fun workshop to learn about the History, Principles, Bagua Map, the Five Elements, Ch'i Enhancers, Clutter Clearing, and much more!

Sunday, February 19; 2pm to 3:30 pm; Free

Love offerings gratefully appreciated.

Life Coaching Shae Anthony

Our spiritual journey can lead us in many directions while dealing with life struggles and uncertainties. Often times allowing frustration, confusion, anger and anxiety to overwhelm us. However, our emotions are positive message from our higher self to be more self aware. Join our in-house reader/life coach Shae Anthony's class. This class will change the narra-



tive of self awareness with physics, astronomy, and the metaphysical to live a better life. Subsequently, having knowledge in these areas will provide helpful coping techniques. Ready to be empowered?

Monday, February 20; 6pm to 8pm; \$30 Call 404-255-5207 to register.

Channeling Practice Group *Vicki Evans*

The group is designed to give you a safe space to practice and refine your channeling skills.

Are you looking to meet with others to share how your journey in channeling is going? Would you like to have people to practice with?

This group is meant for those people who have a little bit of experience in channeling, even if only in a workshop or among friends, to those who have more experience but want a safe place to develop and go deeper in their channeling.

We will have a chance to share where we are in our channeling and celebrate any breakthroughs. We will go into various channeling exercises. Sometimes we will break into small groups, or do one-on-one practices, and occasionally we may share messages for the group or for each person in the group.

Tuesday, February 21; 7pm to 9pm; \$20

Register: https://www.eventbrite.com/cc/vicki-j-evans-all-my-events-1659389

Wisdom and Healing Through Shamanic Journeys Vicki Evans

Would you like to be able to receive more guidance from the spiritual realms? Shamanic Journeys are a tool that shamans use to go to non-ordinary reality, to the places where they can have a strong and clear connection to their spirit helpers. Fortunately, you don't have to be a shaman to benefit from doing a Shamanic Journey. In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum and be guided into the spirit worlds where you are able to meet with guides who have come for you highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle pres-

ence so you know that you are in non-ordinary reality and allow you to relax and remember who you are without the stresses of the world. At other times they come with words or visions to bring forth the messages and healing for you.

No experience is necessary to join in, we will do two journeys and they will be guided unless everyone is experienced with the process and then only the first one is guided. You are welcome to bring a mat or blanket to stay warm or lay on during the journeys.

Thursday, February 23; 7pm to 8:30pm; \$20

Register: https://www.eventbrite.com/cc/vicki-j-evans-all-my-events-1659389 or you may use PayPal.Me/vickievanshealing

Introduction to Working with Oracle Cards David Stample



Build your intuition through guidance from oracle cards including how to intuitively choose your deck, how to clear cards of old energies, and how to do accurate card readings on yourself and others by developing your clair-senses.

Thursday, February 23; 7pm to 8:30pm; \$25 Call 404-255-5207 to register.

Tarot Class: The Major Arcana Shae Anthony



Join our in-house tarot reader Shae Anthony to learn the meaning behind the Major Arcana 22 tarot cards. These particular cards from the traditional Rider Waite Tarot deck are known to be the NOUN or the solid part of a reading. The Major Arcana are numbered 0–21 to reference the human experience. Shae will explain in detail the traditional Rider Waite illustrations and meaning.

Friday, February 24; 6pm to 8pm; \$40 per class or sign up for all 3 classes for \$100

Major Arcana – February 24 Minor Arcana – March 24 Courts and Spreads – April 28 Call 404-255-5207 to register.

Psychic Development Circle Susan Rushing



All levels of intuitives are welcome, from curious to beginner to advanced. The goal of this gathering is to:

- Boost intuitive skills
- Share and understand energy and how it works
- Learn and share psychic protection skills and methods
- Support and connect with other intuitives and healers who may have been experiencing similar feelings or happenings
- Learn new methods of divination

Each monthly circle will offer a meditation, a grounding exercise, a vibration raising exercise, an exercise in calling in psychic protection, and respectful sharing. A new topic for dis-

covery will be introduced each month, such as, but not limited to: manipulating energy, psychic protection, dowsing, psychometry, graphology, astral projection, mediumship, and more. Everyone is welcome from ages 14 and up.

Saturday, February 25; 10:30am to 12:30pm; \$20 Space is limited, prepaid registration is recommended.

Aura Photography The AuraWeaver

AuraWeaver is a specialty photography experience company. Clients receive an aura photo of themselves surrounded by their colorful energy and an interpretation of their photo by our readers. What is an aura you ask?! An aura is a physical representation of your astral body through color. Each color has its own representation to help guide you to a better understanding of your being.

Saturday, February 25 & Sunday, February 26; 12 Noon to 5pm Single photo: \$75; couples special \$160 (3 photos/2 people) Register: https://www.auraweaver.com/

Monthly Group Session Yvonne O'Brien

Please join us for these special moments with our loved ones that have crossed over. It will be a session of fun-filled messages! It never ceases to amaze me how they know our every move—the good, bad and the oh so funny!

This is a group event where everyone will receive a short reading. It will be a Hello from the Other Side! Yvonne O'Brien will communicate with spirit to bring forth messages of hope and recognition from people who have crossed over.

Everyone who attends will receive a short reading. No guarantees are placed on times of readings. Due to COVID-19 restrictions on group gatherings, the maximum group size is twelve (12) people until further notice. So please book your ticket early!

Saturday, February 25; 2pm to 4pm; \$40 Register: http://www.yvonneobrien.com/events/tickets/

[Zoom Class] **Collective Reading**



David Stample

Join us on Zoom for the insightful Oracle message for the collective as delivered through the cards by David Stample. Prepare a cup of tea and a grab snack during this reflective evening to have David draw an oracle card to share with you an individual message from spirit from the comfort of your own home.

Tuesday, February 27; 6pm to 7:30pm; \$40 Call 404-255-5207 to register.

SAVE THE DATES

Sunday, March 5: Dreams & Drawings by M. Estes Book Signing and Exhibition

Saturday, March 18: Wheel of the Year Series: Ostara with Susan Rushing and Rocky Hutchcroft

Tuesday, March 21: Spring Into a New Vision: Vision Board Event with Shae Anthony



PHOENIX & DRAGON BOOKSTORE

You can register by phone at 404-255-5207 Store Hours: Monday – Saturday, 10 am to 8 pm; Sunday 12 noon to 6 pm

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2				Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	2 W.I.L.D. Women Vicki Evans 7pm	3 Introduction to Tarot Reading Shae Anthony 7pm	Learning the Tarot: Major Arcana Darren Bucare 4:30pm [Live & Zoom] Transmission Meditation Share Intl. USA SE Region 7:30pm
2023	5 Art of Breath Class Noel Plaugher 12 Noon	6	7	Midday Meditation Yesmara 12 Noon Hot Cocoa Happy Hour Chef David Stample 7pm Pagans in Recovery 8pm	[Zoom Class] Wisdom and Healing Through Shamanic Journeys Vicki Evans 7pm Create Your Own Valentine Affirmation David Stample 7pm	10 Healing Circle David Stample 5pm	Self Care Saturday Susan Rushing 11am Author Event: Your Tarot Toolkit Ru-Lee Story 7pm
ruary	12 Japanese Tea Journeys Western Immortal Tea 2pm	13 The Life Group Shae Anthony 6:30pm	Self Love 101 David Stample 7pm Energy Healing Share Vicki Evans and Cat Pullen 7pm	Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	16 [Zoom Class] W.I.L.D. Women Vicki Evans 7pm	A Course in Miracles Demystified Sandra Niven 11am Poetry and Music Open Mic Night 7pm	18 Goat Yoga GGA Dwarf Goat Yoga 12 Noon
Febr	Change Your Interiors, Change Your Life with Feng Shui Roberta Grant 2pm Soulful Connections Art Exhibit Cynthia Groszkiewicz 4pm	20 Life Coaching Shae Anthony 6pm	21 Channeling Practice Group Vicki Evans 7pm	Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	Wisdom and Healing Through Shamanic Journeys Vicki Evans 7pm Introduction to Working with Oracle Cards David Stample 7pm	24 Tarot Class: The Major Arcana Shae Anthony 6pm	Psychic Development Circle Susan Rushing 10:30am Aura Photography The AuraWeaver 12 Noon Monthly Group Session Yvonne O'Brien 2pm
	26 Aura Photography The AuraWeaver 12 Noon	27 [Zoom Class] Collective Reading David Stample 6pm	28	February is the month for opening your heart to love. Getting Valentines for your true love or puppy? Don't forget to save some love for yourself. You deserve it! Self-care is best gift for yourself! Books on self-care and lotions, bath salts, and aromatherapy oils to indulge yourself, will be discounted 20% for the month of February 2023.			

The Phoenix Psychic Center

Clarity, Integrity, Compassion

Shae Anthony – Intuitive Tarot Reader, Energy Healer, Clairsentient, Claircognizant, Life Coach

Candace Apple – Voyager Tarot

Merry Bisogna - Tarot, Pendulum

Darren Bucare – Tarot Reader, Vedic Palmistry, Psychic Medium, Past Life Regression

Marilyn DuMont - Astrology

ErinMichael Finn - Conscious Channel, Pet Communicator

Selena – Clairvoyant, Psychic, Energy Clearer, Tarot Reader

Susan Rushing - Psychic Medium, Handwriting Readings

David Stample – Oracle Card Readings, Reiki Helaing, Spiritual Guidance

Candace Zellner - Medium, Channel

Call 404-255-5207 for an appointment

Phoenix Psychic Center Gift Cards Available

Enjoy Social Distancing

and receive **12% discount** on your purchase before 12:00 noon.









Check out https://wisetransformation.com/illuminating-your-soul/ to this special Zoom program "Illuminating Your Soul 2023." I am delighted to be presenting at the first session this Friday, February 3 beginning at noon.

You will hear from three women with fresh insights, interactive content and valuable take-aways every three months—and you could be in a drawing for some incredible raffle prizes!

In the Northern Hemisphere:

As we turn toward Spring (**Imbolc**) in early February when we could all you use some upliftment and light.

As we turn toward Summer (**Beltane**) at the beginning of May, to encourage whatever we are growing.

As we turn toward Autumn (**Lughnasdh**) at the start of August, as we reap all the hard work of the first seven months of the year.

As we turn toward Winter (**Samhain**) in the first week of November as we turn inward and reflect on what needs to fall away.



