



PHOENIX & DRAGON BOOKSTORE

Books and Gifts Celebrating the Human Spirit

May 2024



May Day Show 2024

Student Artists of KSU

May Day is an ancient festival held in the height of spring. This is a time of love and connection-when communities gather to honor the gods and goddesses of nature. People are free to celebrate the joy of being human, and everything that means.

Come see May Day-inspired pieces by artists from Kennesaw State University. A variety of art merch is available to you this year! Spread the love and take home some of this exquisite wearable, shareable art for yourself and your sweethearts.

This exhibit will be on display in the gallery from May 5th - June 23rd.

Join us for the opening and meet the artists.

Sunday, May 5th; 4:00PM- 5:30PM



Aura Photography

The AuraWeaver

The Aura is a physical representation of your Astral body through color. Through biofeedback technology, you will have a chance to see your Aura! Each color has its own representation to help guide you to a better understanding of your being.

***Mother's Day Special*: Use coupon code: MOMSLUV24 for 33% OFF all service!s**

Sunday, May 12; 12:00PM - 5:00PM

Single Photo: \$40 (\$75 for 1 photo + 1 reading)

Group Special: \$150 (for 3 photos + group reading)

Starseed Activation - Tools to Navigate from 3D to 5D

Mark A. Shryock and Daughter, Tara

Due to the vibrational energy of this event, we ask you use caution- perhaps spend some time grounding and clearing the energy before driving afterward. We ask that you stay as quiet and still as possible for a few days, allowing the energies to integrate within you. We will discuss our current moment in time and its relationship to Atlantis.

We will cover what the Ascension means and the difference between working with 3D old Earth energy and 5D new Earth energy that the planet Earth has now moved into. In addition, we will discuss Starseed energy as well as how the Galactic forces of love and light now work with us directly. We will cover Ascension symptoms, how best to integrate the incoming tremendous energies, and how they may physically affect you.

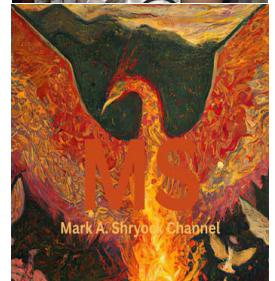
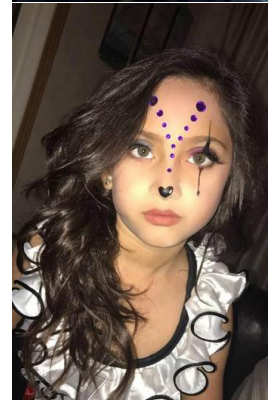
Hosts for this event include Mark A. Shryock and his daughter Tara. Tara is a Starseed from the Pleiadian star system, next to Orion's Belt. At the event, Tara will create a special drawing, given to her by the Pleiadians, as well as a message for us all. She will also describe aspects of her home and answer guests' questions towards the end.

Though Mark is not Pleiadian, he works with them very closely and has walked many lifetimes with them during their own ascension. Some describe Mark as a "blue ray", a multi-dimensional soul, capable of channeling and transmuting energy. Presently, he is here to work with Starseeds, as they remember and align to their mission during this time of Ascension.

Saturday, May 25; 2:00PM - 4:00PM; \$20



Register Here:



Special Events for May 2024

Please check the Facebook events page for the most up to date information about the May events in case there have been any modifications to online platforms.

You Are Invited!

TO:

Colonial Kitchen & Bar Thai & Vietnamese Cuisines

In May, during lunch hours from 2:00-5:00pm, choose 1 free appetizer for the table.



5600 Roswell Rd, Suite A110, Sandy Springs, GA

Panang Gyoza

Steamed vegetables with chicken and vegetables. Served with panang curry. [Spicy]

Thai Egg Rolls

Glass Noodle, minced chicken, cabbage, carrot, and celery. Served with homemade sweet & sour sauce.

Crispy Vegetable Rolls

Deep fried vegetable rolls served with homemade sweet & sour sauce. [Vegan]

Mid-Week Meditation

Lynn Sepsenwol

Every Wednesday at noon, Lynn will be facilitating guided meditation, bringing in body-based and mindfulness practices to help participants get more in touch with themselves and each other.



Come for the meditation, stay for the good vibes!

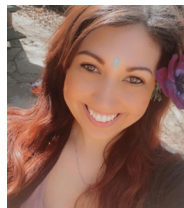
Wednesdays, 5/1, 5/8, 5/15, 5/22, 5/29
12:00pm to 1:00pm; \$10

Weekly Tarot Practice

Micel Enriquez

Bring your decks!

Beginner, Moderate and Advanced Tarot Readers ALL welcome to practice with one another and sharpen their reading and spiritual connecting abilities — and gel with like minds.



Wednesdays, 5/1, 5/8, 5/15, 5/22, 5/29
6:00pm to 7:30pm; \$25



Pagans in Recovery

Pagans In Recovery is a 12 Step/12 Tradition fellowship based on the example pioneered by Alcoholics Anonymous. We seek no controversy or conflict. Pagans In Recovery seeks to create a place, within the recovery community, for those who worship more than one God and whose spirituality may include magical practices.



We are not directly allied with any sect or denomination, though we recognize a shared view of many deities and spirits which, as we see it, are integral to our recovery and continued sobriety. No matter your path or tradition, we invite you to join us in overcoming addiction.

Wednesdays, 5/1, 5/8, 5/15, 5/22, 5/29
8:00pm to 9:00pm; FREE

W.I.L.D. Women

Vicki Evans



W.I.L.D. in this case stands for Wise, Intuitive, Loving, and Divine. I believe that all women have the desire to make Wise choices and can be wise no matter their age. We are all Intuitive, even if you don't know it yet, you have that ability. Loving is something we all desire to be but with that we want the wisdom to make good choices and we want to use our intuition to guide us in making the best choices for us. And then we come to Divine, divinity is your birthright, you were born connected to All That Is. You don't have to earn it, but you may need to overcome limiting beliefs that keep you from fully accessing your divinity.

If you are interested in growing spiritually, no matter your path, join us. If you are interested in developing your intuitive abilities, finding ways to be more loving, and wanting to embrace your own divinity, please join us.

Thursday, May 2
7:00pm to 9:00pm

\$25

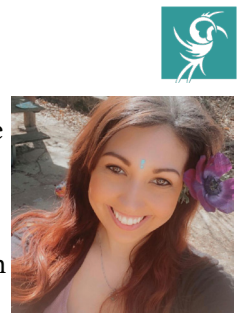
Register Here:



Angel Circle

Micel Enriquez

Micel connects directly to the Akashic Record and delivers a collective message to the group —and channels the collective Ascension energies for the month. It's a great opportunity to meet with like minded people — and every person will also receive a mini message from their spirit team or get to ask them a question.



Saturday, May 4; 1:00pm to 3:00pm; \$35

Special Events for May 2024

Mystic Moon Circle

Imber Tyler

Explore unique esoteric topics and empower your own magical intentions in this monthly gathering. Connect with the energies of the moon cycles to achieve clarity, abundance, and empowerment. This sacred circle utilizes the following tools to assist modern seekers on their journey of expansion and growth:



- Intention setting
- Sharing
- Meditation
- System of Correspondences
- Oracle / Tarot
- Esoteric Truth or Dare (introspective questions/actions)
- Candle & Element ritual
- Moon-loving community support

If you're interested in feeding the soul and unlocking life's mysteries with intentional living and mindfulness at the core, then you found your tribe. Unlock the magick within.

*Optional items to bring: Journal, Yoga Mat/ Cushion, and Your Intentions.

Saturday, May 4; 5:30pm to 7:00pm; \$33

Art of Breath Class

Noel Plaughter

Learn to breathe... This class will cover breathing techniques used in many disciplines to provide relaxation, focus, and better health. Learn the art of breath from the author of Standing Qi Gong Noel Plaughter. Anyone can attend this class.

Some topics covered:

- * Diaphragmatic breathing
- * Techniques to relieve stress
- * Breath for focus
- * Meditation

You will learn a lot and have a great time doing it! Love offering gratefully accepted.

Sunday, May 5; 12:00pm to 1:30pm; FREE



Change Your Interiors, Change Your Life with Feng Shui

Roberta Grant

Feng Shui, the study of the ancient Chinese art of placement, has been practiced for over 3,000 years in China.

The growing popularity of this environmental art and science results in extraordinary effects on people, including rewarding relationships, new career opportunities, improved health and an increase in happiness and prosperity!

Join this informative, interactive and fun workshop to learn about the History, Principles, Bagua Map, The Five Elements, Ch'i Enhancers, Clutter Clearing, and much more!

Call 404-255-5207 to RSVP.

Sunday, May 5; 12:00pm to 1:30pm

FREE EVENT



The Shamanism of Earth

Bob Eddy and Vicki Evans

This is the fifth class of a five part series.

We will explore the energy of the Great Mother, Earth. Mother Earth is the element that sustains all life as we know it. All other elements depend on Mother Earth for existence. We will honor the Great Mother and explore the meaning of "grounded". The class will include a guided Shamanic journey to better understand Mother Earth, how she sustains us and how she transmutes all negativity.



This is class 5 of a 5 part series.

Cost is \$25 for each class or \$110 if you pay for the complete series.

Sunday, May 5; 2:00pm to 4:00pm; \$25

Register Here:



Goat Yoga

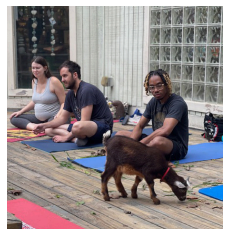
GGA Dwarf Goat Yoga

Experience the ultimate blend of tranquility and cuteness at GGA Dwarf Goat Yoga. Enjoy a delightful morning "goga" class.

Led by a certified goga instructor, this one-hour session combines the serenity of yoga with the joyful presence of micro Australian dwarf goats. As Atlanta's premier therapy goat company, we're dedicated to animal-assisted therapy and its myriad benefits. Our exclusive sessions are inclusive of all ages, fostering a unique atmosphere that promotes mental health awareness through the therapeutic magic of yoga and our adorable goat companions.

- *Children seven and up accompanied by a parent are welcome.
- *Please bring a yoga mat to this class.

Saturday, May 11; 11:00am to 12:00pm; \$35



Special Events for May 2024

Tarot I

Micel Enriquez

You will learn basic history of the number and suit meanings, as well as learn basic past, present and future spreads. We focus first on learning the Major Arcana which makes understanding the story of the other suits easier to interpret.

You will also discover what each suit represents in addition to how to incorporate the Face Cards.

You will spend a portion of the class practicing interpreting the story of a card spread on another or with me.

Micel will teach you how to tune into a divine place before performing mini practice reading and the basics on how to clear your energy.

Saturday, May 11; 1:30pm to 4:00pm; \$45



Psychic Tarot

Micel Enriquez

Go more into depth about how to interpret the meanings of the cards and incorporate your own feelings and intuition with the context of the cards.

Learn grounding techniques, psychic protection and how to clear your energy while getting directly in touch with guides, angels and spirits that come forth and want to communicate through you. Practice and discuss interpretations with other members in the group. Learn how to widen your psychic abilities whether they be Clairvoyant, Claircognizant, Clairsentient or Clair Audient. Bring your Tarot Decks! *Oracle Decks are permitted in this class.

Saturday, May 18; 5:00pm to 7:00pm; \$45



Shamanic Drum Circle

Bob Eddy and Vicki Evans

The group will start with a short guided Shamanic journey, followed by a journey of group intention and time to use the group energy for individual journeying.



*There will be a small supply of drums and/or rattles for attendees who do not have one. Register Here:



Sunday, May 12; 2:00pm to 3:30pm; \$20

Poetry Open Mic Night

We encourage poets of all ages to join us.

The 7:00 pm to 8:00 pm hour features family-friendly material: Bring your children, grandchildren, or grandmother.

The tone shifts from 8:00 pm to 9:00 pm for more adult-themed topics.

All are welcome, including performers and spectators.

Join us on the 3rd Friday of each month.

Call 404-255- 5207

Friday, May 17; 7:00pm to 9:00pm; FREE



Channeling Practice Group

Vicki Evans

The group is designed to give you a safe space to practice and refine your channeling skills.

Do you need a place to develop your channeling skills? Are you looking to meet with others to share how your journey in channeling is going? Would you like to have people to practice your skills with?

This group is meant for those people who have had at least a little bit of experience in channeling, even if only in a workshop or among friends, to those who have more experience but want a safe place to develop and go deeper in their channeling.

Register Here:

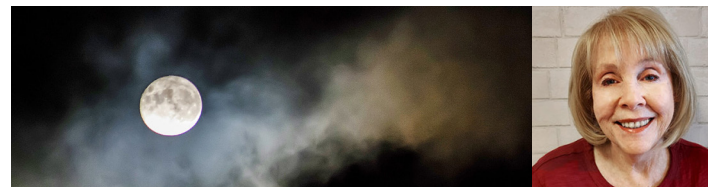


Tuesday, May 21; 7:00pm to 9:00pm; \$25



Full Moon Ceremony

Maxine Taylor



Evenings of a full moon are action-forward times that prompt "release".

Join renowned Atlanta Astrologer, Maxine Taylor, for a full moon ceremony on the back deck of the Phoenix and Dragon Bookstore.

Maxine began her astrological studies in 1966, and in 1968 she became America's first licensed astrologer. She spearheaded the establishment of the Atlanta Board of Astrology Examiners, and in 1973 she wrote her first astrology book, Now That I've Cast It, What Do I Do With It?

Tuesday, May 23; 6:30pm to 7:30pm; FREE

5531 Roswell Road NE, Sandy Springs, GA 30342 | 404-255-5207 | www.phoenixanddragon.com

Special Events for May 2024

Wisdom and Healing Through Shamanic Journeys

Vicki Evans

Would you like to be able to receive more guidance from the spiritual realms? Shamanic Journeys are a tool that shamans use to go to non-ordinary reality, to the places where they can have a strong and clear connection to their spirit helpers.



In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum and be guided into the spirit worlds where you are able to meet with guides who have come for you highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle presence so you know that you are in non-ordinary reality and allow you to relax and remember who you are without the stresses of the world. At other times they come with words or visions to bring forth the messages and healing for you.

No experience is necessary to join in, we will do two journeys and they will be guided unless everyone is experienced with the process and then only the first one is guided. You are welcome to bring a mat or blanket to stay warm or lay on during the journeys.

Register Here:

Thursday, May 23; 7:00pm to 8:30pm; \$25



Monthly Group Session

Yvonne O'Brien

Join us as we connect with our loved ones who have crossed over and say a very big Hello! Let them bring Joy and Sparkle to your hearts when you really need it, just as if they had never left!

Please join us for these special moments with our loved ones who've crossed over. It will be a session of fun-filled messages from our loved ones crossed over! It never ceases to amaze me how they know our every move, the good, bad and the oh so funny!



This is a group event where everyone will receive a short reading. It will be a Hello from the Other Side! Yvonne O'Brien will communicate with spirit to bring forth messages of hope and recognition from people who have crossed over. Everyone who attends this event will receive a short reading.

*No guarantees are placed on times of readings.

Register Here:

Saturday, May 25; 2:00pm to 4:00pm; \$40



Candle Magic

Micel Enriquez



Come master how to attract anything you want in your life using magic of the candles: More Love, better Financial Prosperity, fantastic Health and joy!



The workshop includes:

- * A "Mini" card reading to help you get clarity on your wish
- * How candles can be used to attract anything into your life with the assistance of your spirit guides and angels
- * How to use the colors and why we're using 7-day candles in this workshop
- * How to use the energy of the Moon, the Sun and week days to your advantage
- * Grounding Techniques

(Workshop includes a Packet & will require the purchase of 7 Day candle \$4.95 if you would like to dress a candle in class but it is not required).

Saturday, May 25; 3:30pm to 5:30pm; \$45

Soundbath Meditation

Sonia Thames

This is a deeply immersive full-body listening experience that uses sound to invite powerful therapeutic restorative processes to the entire body. In this meditative experience, you are bathed in sound waves & frequencies produced by healing instruments like gongs, singing bowls, drums, Chimes, rattles and even the voice.



Perks & Benefits

Great for anyone who wants to find a new way to relax or reduce stress levels.

It requires no prior experience & is accessible to people of all ages and fitness levels.

A good way to enhance spiritual practices, and connect with your higher self or higher guidance.

A powerful tool for cultivating a sense of peace and relaxation in our busy world.

Participants lie down or sit comfortably while I play an assortment of instruments around them as they Relax, Unwind and Recharge. The vibrations produced by the instruments help calm the mind, release tension in the body, and promote a sense of relaxation and well-being. Participants often report feeling more grounded, centered, and peaceful after a soundbath meditation

Register Here:

Sunday, May 26; 4:00pm to 5:00pm; \$20



Thoughts from Candace Apple for May 2024

As the first rays of the sun rise above the horizon on May 1st, reach out and feel the energy expanding on this Beltane, the beginning of the Spring Season. The flowers have begun to blossom, and it is time to plant for the year's prosperity and growth. Being embraced by the warmth of Springtime feels like being embraced by Mother Earth.

Phoenix & Dragon Bookstore welcomes you this Springtime. Our special for May is celebrating mothers with 20% off all books by women authors.



This afternoon, as I was embracing the joy of the warm sunshine, I was sitting at the Colonial Kitchen and Bar across Roswell Road for a late lunch. After a busy day, I started to relax and realize it was the perfect place to enjoy. There is a choice for a lovely relaxing inside space or a covered patio looking out into a landscape including a vibrant red Japanese Maple. The staff is focused on gracious presentation of the fantastic food focusing on fresh vegetable with your choice of beef, chicken, jumbo shrimp, calamari, pork, and tofu.

As I realized I wanted to invite our community to discover the Colonial Kitchen and Bar, I reached out to my waiter and asked what he thought of the idea. When coming to enjoy a delightful afternoon lunch between 2pm and 5pm through the month of May, we would offer our store customers an invitation for a complimentary choice for the table of one of three appetizers. He smiled as much as I had and invited the owner to join us. We agreed to put our heads together to pick our three favorite appetizers: Panang Gyoza, Thai Egg Rolls or Crispy Vegetable Rolls. Yum!

We will have invitations at Phoenix & Dragon for our customers during May. I will be glad to point out some of my favorite dishes on the menu. Yes, there are many! Don't get me started on the Coconut Cake or Sweet Mango Sticky Rice.

The history of Colonial Kitchen and Bar currently owned by husband and wife who had been in the restaurant industry since 1998.

Colonial Kitchen and Bar is currently managed by Noy Mey, who graduated from Johnson & Wales University Culinary Arts School. After graduation Noy and husband Sokkim who graduated from Rhode Island College went onto having their first Thai restaurant in Providence Rhode Island called Thai Star Restaurant.

The restaurant was featured in Providence Journal as well as the Rhode Island Monthly Magazine. The couple brought along their specialties with a Northeastern touch to Atlanta in 2006 where they took part ownership of a restaurant called Rain Thai and Sushi Bar in Cheshire Square.

In 2021 the couple took ownership of Colonial Kitchen and Bar and changed the concept to Thai and Vietnamese cuisine. If you have not experienced their special menu, I recommend this gem of Sandy Springs. I confess I am spoiled having it right across the street from Phoenix & Dragon Bookstore.

With Love,
Candace Apple

5531 Roswell Road NE, Sandy Springs, GA 30342 | 404-255-5207 | www.phoenixanddragon.com



PHOENIX & DRAGON BOOKSTORE

You can register by phone at 404-255-5207

Store Hours: Monday – Saturday, 10 am to 8 pm; Sunday 12 noon to 6 pm

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Mid-Week Meditation with Lynn Sepsenwol 12:00 pm Weekly Tarot Practice with Micel Enriquez 6:00 pm Pagans In Recovery 8:00 pm	2 W.I.L.D. Women With Vicki Evans 7:00 pm	3	4 Angel Circle with Micel Enriquez 1:00 pm Mystic Moon Circle with Imber Tyler 5:30 pm
5 Art of Breath Class w/ Noel Plaughter 12:00 pm Change Your Interiors, Change Your Life with Roberta Grant 12:00 pm The Shamanism of Water with Bob Eddy & Vicki Evans 2:00 pm Art Show - Opening & Reception 4-5:30 pm	6	7	8 Mid-Week Meditation with Lynn Sepsenwol 12:00 pm Weekly Tarot Practice with Micel Enriquez 6:00 pm Pagans In Recovery 8:00 pm	9	10	11 Goat Yoga with GGA Dwarf Goat Yoga 11:00 am Tarot 1 with Micel 1:30pm
12 Mother's Day Aura Photography with AuraWeavers 12:00pm Shamanic Drum Circle with Bob Eddy and Vicki Evans 2:00 pm	13	14	15 Mid-Week Meditation with Lynn Sepsenwol 12:00 pm Weekly Tarot Practice with Micel Enriquez 6:00 pm Pagans In Recovery 8:00 pm	16	17 Poetry Open Mic Night 7:00 pm	18 Psychic Tarot with Micel Enriquez 5:00 pm
19	20	21 Channeling Practice Group with Vicki Evans 7:00 pm	22 Mid-Week Meditation with Lynn Sepsenwol 12:00 pm Weekly Tarot Practice with Micel Enriquez 6:00 pm Pagans In Recovery 8:00 pm	23 Full Moon Ceremony with Maxine Taylor 6:30 pm Wisdom and Healing Through Shamanic Journeys with Vicki Evans 7:00 pm	24	25 Monthly Group Session with Yvonne O'Brien 2:00 pm Starseed Activation with Mark A. Shryock and Tara 2:00 pm Candle Magic with Micel Enriquez 3:30 pm
26 Soundbath Meditation with Sonia Thames 4:00 pm	27	28	29 Mid-Week Meditation with Lynn Sepsenwol 12:00 pm Weekly Tarot Practice with Micel Enriquez 6:00 pm Pagans In Recovery 8:00 pm	30	31	

The Phoenix Psychic Center

Clarity | Integrity | Compassion

Candace Apple – Voyager Tarot

Tori Bahri – Tarot, Oracle Cards, Candle Work

Merry Bisogna – Tarot, Pendulum

Erin Michael Finn – Conscious Channel,
Pet Communicator

Rachel Mara – Astrology, Tarot, Psychic,
Sound Healing, Energy Portraits

Micel - Channel, Precognition, Tarot, Candle Readings and Dressing

Imber Tyler - Mystic Mentor

Call 404-255-5207 for an appointment

Phoenix Psychic Center Gift Cards Available

Enjoy Social Distancing
and receive 12% discount
on your purchase before 12:00 noon



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