



# PHOENIX & DRAGON BOOKSTORE

Books and Gifts Celebrating the Human Spirit

March 2022

## Channeling Practice Group

Vicki Evans

The group is designed to give you a safe space to practice and refine your channeling skills.

Do you need a place to develop your channeling skills? Are you looking to meet with others to share how your journey in channeling is going? Would you like to have people to practice your skills with?



This group is meant for those people who have had at least a little bit of experience in channeling, even if only in a workshop or among friends, to those who have more experience but want a safe place to develop and go deeper in their channeling.

We will meet monthly and have a chance to share where we are in our channeling and celebrate any breakthroughs you may have had. Then we will go into various channeling exercises. Sometimes we will break into small groups, or do one on one practices, and occasionally we may share messages for the group or for each person in the group.

**Tuesday, March 15; 7pm to 9pm; \$15**

Register: <https://www.eventbrite.com/e/online-channeling-practice-group-tickets-176462302497>

## Goat Yoga

GGA Dwarf Goat Yoga

In this 45-minute class, led by our certified instructor from Nepal, you'll be able to do yoga with some miniature goats. The Yogis will perform breathing exercises and various Yoga positions. While doing so, dwarf goats can hop around you, climb on your back, sit on top of you, even nap on you or your yoga mats while you let go of all your stress. The last 15 minutes of the hour is dedicated for 1-on-1 time with the miniature goats.



Animal therapy is the idea. There have been multiple claims of healing from this practice. The root of the Yoga poses are in Ashtanga and Kemetic Yoga. The class also includes a Sound Bath with Tibetan sound bowls. The goats do their own thing while you enjoy the moment and release expectations. Beware as it may cause extreme happiness. The experience you will have can be very eye opening and align you with your 7 chakras. Cleanse your spirit with the burning sage. Finish your Yoga session with a cup of hot green tea to cleanse your spirit.

*Children 7 and up accompanied by a parent are welcome. Please bring a yoga mat to this class.*

**Saturday, Saturday, March 19; 11am to 12 Noon; \$35**

Call 404-255-5207 to register. Space is limited.

## Equinox Mask-Crafting

Yesmara

Sprigs of lime green awaken the landscape and inspire gardeners as they are elbow-deep in the dirt. The vernal equinox is approaching and it's time to express your fertile imagination by making a mask representing your spirit! Learn how to imitate feathers, scales, fins, antenna, and an array of flora using colorful card stock and paper crafting techniques. Yesmara will provide you with the materials and frame work necessary for building your mask. Feel free to bring your own organics such as twigs, leaves, lichen, moss, dried flowers or other bits from your favorite natural space!



**Saturday, March 19; 1pm to 4pm; \$25**

*Pre-registration required.*

# Special Events for March 2022

*Please check the Facebook events page for the most up to date information about the March events in case there have been any modifications to online platforms.*

## Pagans in Recovery

Pagans In Recovery is a 12 Step/12 Tradition fellowship based on the example pioneered by Alcoholics Anonymous. Pagans in Recovery seeks to create a place for those who worship more than one God and whose spirituality may include magical practices. Pagans in Recovery is available to all who need it and to be used in conjunction with a 12 Step program.

**Wednesdays, March 2, 9, 16, 23, 30; 8pm to 9pm; Free**

## Shamanic Women's Group

*Vicki Evans*

This circle was created to support and encourage women who are interested, or even curious, about shamanism and other nature-based beliefs. The women who attend the circle have all levels of experiences from almost none to years of shamanic practice.

Many women are exploring different belief systems and don't have others to share their experiences with, this circle was created just for that reason. This circle was created as a safe place to come and be heard, to learn and to share your experiences as you deepen your spiritual practice.

Teaching and/or discussion, a channeled message, and a shamanic journey are part of every circle.

**Friday, March 4; 7pm to 9pm; \$20**

Register: <https://www.eventbrite.com/e/shamanic-womens-group-tickets-121853205217> or [PayPal.Me/vickievanshealing](https://www.paypal.com/venmo/vickievanshealing)

## Art of Breath Class

*Noel Plaughter*

Learn to breathe... This class will cover breathing techniques used in many disciplines to provide relaxation, focus, and better health. Learn the art of breath from the author of *Standing Qi Gong*. Anyone can attend this class. Some topics covered are diaphragmatic breathing, techniques to relieve stress, breath for focus, and meditation. You will learn a lot and have a great time doing it!

**Sunday, March 6; 12 Noon to 1pm; Love offering gratefully accepted.**

## [Zoom Class]

## Wisdom and Healing Through Shamanic Journeys

*Vicki Evans*

The online event gives you the opportunity to journey to the spirit realms without leaving the comfort of your home!

Would you like to be able to receive more guidance from the spiritual realms? Shamanic Journeys are a tool that

shamans use to go to non-ordinary reality, to the places where they can have a strong and clear connection to their spirit helpers. Fortunately, you don't have to be a shaman to benefit from doing a Shamanic Journey. In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum and be guided into the spirit worlds where you are able to meet with guides who have come for you highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle presence so you know that you are in non-ordinary reality and allow you to relax and remember who you are without the stresses of the world. At other times they come with words or visions to bring forth the messages and healing for you.

No experience is necessary to join, we will do two journeys and they will be guided unless everyone is experienced with the process and then only the first one is guided.

**Thursday, March 10; 7pm to 8:30pm; \$20**

You may use [PayPal.Me/vickievanshealing](https://www.paypal.com/venmo/vickievanshealing)

## Folk Magic of Ukrainian "Pysanky" Eggs

*Candace Apple*

When I first saw a bare branched tree covered in the brightly colored Ukrainian "Pysanky" Easter Eggs as a child, I fell in love.

As I see the brave Ukrainians commit to defend their culture, their democratic process, and all that is precious to them, I invite you to come learn and share in this beautiful tradition brought down from ancient symbols of folk magic. Let us #StandTogether with the Ukrainians and learn several techniques to decorate your own "Pysanky" eggs.

Decorating supplies provided. Feel free to bring anything special to include. Bring your eggs.

**Saturday, March, 12; 10am to 12 Noon; Free**

Space is limited, register by calling store at 404-255-5207

## Courtyard Painting Collective

*Yesmara*

Do you enjoy watching Bob Ross on his show *The Joy of Painting*? Perhaps you are already an avid painter and when you read the words, "plein air" you're already thinking, "I'm in." Maybe you don't paint at all but you might like to try.

Meet beneath the statue Phoenix Rising in the courtyard of the bookstore and you will have the opportunity to reflect while you paint in the serenity of the quiet morning hours. In case of inclement weather, the group will shift to our indoor gallery space which provides sublime views of the creek and wooded ravine. For those of you who do not create but like to watch, you are welcome to sit and enjoy the atmosphere.

This monthly event is free to those who bring their own supplies. \$5 donation will provide you with an 8x10 canvas and painting supplies. Although this is a free event, registration is appreciated.

**Sunday, March 13; 10am to 12 Noon; Free**

## Special Events for March 2022

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### [Zoom Class]

#### Transmission Meditation

*Share International USA SE Region*

Transmission is a simple group meditation which provides both a dynamic service to the world, and a powerful means of personal spiritual development. Introduced in 1974 by a great spiritual teacher, one of a group of enlightened, incorruptible, compassionate teachers known as the Masters of Wisdom, Transmission Meditation is free, open to all and will enhance any other spiritual practice in which you may be engaged.

**Thursday, March 17; 7:30pm to 9pm; Free**

Register: <https://tinyurl.com/y4rtpj4w>

### [Zoom Class]

#### Shamanic Women's Group

*Vicki Evans*

This circle was created to support and encourage women who are interested, or even just a bit curious, about shamanism and other nature-based beliefs. The women who attend the circle have all levels of experiences from almost none to years of shamanic practice.

Many women are exploring different belief systems and don't have others to share their experiences with, this circle was created just for that reason. This circle was created as a safe place to come and be heard, to learn and to share your experiences as you deepen your spiritual practice.

Teaching and/or discussion, a channeled message, and a shamanic journey are part of every circle.

**Friday, March 18; 7pm to 8:30pm; \$20**

Register: <https://www.eventbrite.com/e/shamanic-womens-group-tickets-121853205217> or [PayPal.Me/vickievanshealing](https://www.paypal.com/paypalme/vickievanshealing)

#### Monthly Group Session

*Yvonne O'Brien*

Please join us for these special moments with our loved ones who have crossed over. It will be a session of fun-filled messages! It never ceases to amaze me how they know our every move, the good, bad and the oh so funny!

This is a group event where everyone will receive a short reading. It will be a "Hello from the Other Side!" Yvonne O'Brien will communicate with spirit to bring forth messages of hope and recognition from people who have crossed over.

Everyone who attends will receive a short reading. No guarantees are placed on times of readings. Due to COVID-19 restrictions on group gatherings, the maximum group size is eleven (11) people until further notice. So please book your ticket early!

**Saturday, March 19; 2pm to 4pm; \$40**

Register: <http://www.yvonneobrien.com/events/tickets/>

### Priestess of Tranquility

#### Spring Equinox Retreat

*Annika*

Tranquility and serenity are characteristics of the Priestess archetype in the Goddess. Spring Equinox 2022 is inviting us into more of Her. Are you ready to explore all of the beauty of the Divine Feminine? She is emerging and calling us to rise into our feminine sovereignty.

Remembering the Divine Feminine is a journey through the 13 archetypes of the Great Mother. These gatherings serve as a sacred container for women who yearn for a stronger connection and intimate relationship with Her, and remembering who She is within them.

Join us every third Sunday of the month where we sloooooow down and discover all things Goddess, Priestess, Earth Mother, the Divine Feminine, and so much more. You will receive tools, resources, and other juicy gifts to support your journey in remembering the Divine Feminine. Join us for our retreat to receive the essence of The Priestess this month.

**Sunday, March 20; 12 Noon to 2pm; \$20**

Register: <https://www.eventbrite.com/e/priestess-of-tranquility-spring-equinox-retreat-tickets-262003187587>

#### Change Your Interiors, Change Your Life with Feng Shui

*Roberta Grant*

Feng Shui, the study of the ancient Chinese art of placement, has been practiced for over 3,000 years in China. The growing popularity of this environmental art and science results in extraordinary effects on people, including rewarding relationships, new career opportunities, improved health and an increase in happiness and prosperity!

Join this informative, interactive and fun workshop to learn about the History, Principles, Bagua Map, the Five Elements, Ch'i Enhancers, Clutter Clearing, and much more!

**Sunday, March 20; 2pm to 3:30 pm; Free**

*Love offerings gratefully appreciated.*

#### Japanese Tea Journeys

*Western Immortal Tea*

Experience the wonderful world of teas that can only be described as "distinctly Japanese." From the history, culture, farming, production, and preparation, Japan has produced some of the world's best and most uniquely delicious teas and refined tea experiences. In this class we will explore this rich tea culture, it's history, and all of it's major teas. We will also be demoing a traditional preparation of matcha, most famously prepared in the tea ceremony (ours will be much shorter and informal)! Best of all, we will be sampling several Japanese teas! Every attendee will go home with a sample of a Japanese tea and get a chance to win their very own matcha tea set!

**Sunday, March 20; 4pm to 5:30pm; \$5**

# Special Events for March 2022

## Wisdom and Healing Through Shamanic Journeys

*Vicki Evans*

Would you like to be able to receive more guidance from the spiritual realms? Shamanic Journeys are a tool that shamans use to go to non-ordinary reality, to the places where they can have a strong and clear connection to their spirit helpers. Fortunately, you don't have to be a shaman to benefit from doing a Shamanic Journey. In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum and be guided into the spirit worlds where you are able to meet with guides who have come for your highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle presence so you know that you are in non-ordinary reality and allow you to relax and remember who you are without the stresses of the world. At other times they come with words or visions to bring forth the messages and healing for you.

No experience is necessary to join in, we will do two journeys and they will be guided unless everyone is experienced with the process and then only the first one is guided. You are welcome to bring a mat or blanket to stay warm or lay on during the journeys.

**Thursday, March 24; 7pm to 8:30pm; \$20**

Register at <https://www.eventbrite.com/e/wisdom-and-healing-through-shamanic-journeys-tickets-121969801961>

## Life After High-Demand Religion: How to Confidently Find Your Voice and Live Your Truth

*Melissa Lyon West*

Join Melissa, a cult survivor, for this brand new workshop where you will hear:

- Melissa vulnerably shares her story of how she went from living in a fundamentalist cult for 30 years with no voice or power to becoming a non-profit director and business owner that champions others creating a life they love!
- How to release fear of what others think and show up in every room fully confident to be yourself!
- How to heal emotional pain, release anxiety and live with joy and excitement!
- How to understand what you truly desire and then do whatever the f&\*! you want without guilt!

This workshop is for you if you are finding your footing after deconstructing toxic and oppressive beliefs and are ready to live unapologetically.

**Thursday, March 24; 8pm to 9:30pm; Free**

Zoom link: <https://us02web.zoom.us/j/83000758512?pwd=SkJlYmQvTXRYMXNkUDJVVWw1wXBBQT09>

Meeting ID: 830 0075 8512

Passcode: e8JmfS

## Psychic Development Circle

*Susan Rushing*



All levels of intuitives are welcome, from curious to beginner to advanced. The goal of this gathering is to:

- Boost intuitive skills
- Share and understand energy and how it works
- Learn and share psychic protection skills and methods
- Support and connect with other intuitives and healers who may have been experiencing similar feelings or happenings
- Learn new methods of divination

Each monthly circle will offer a meditation, a grounding exercise, a vibration raising exercise, an exercise in calling in psychic protection, and respectful sharing. A new topic for discovery will be introduced each month, such as, but not limited to: manipulating energy, psychic protection, dowsing, psychometry, graphology, astral projection, mediumship, and more. *Everyone is welcome from ages 14 and up.*

**Saturday, March 26; 10:30am to 12:30pm; \$20**

*Space is limited, prepaid registration is recommended.*

## New Moon in Aries Class

*Kali*



Are you ready to take control of your life? Get a two-handed grasp on the wheel that is your confidence? This is the time for intent to be solidified, the time for new beginnings to come into grace while ridding ourselves of things that no longer serve a purpose in our lives! The new moon in Aries is strong and robust, giving meaning to our identity. Learn who you are and get a hold of your life!

With this class you will learn how to set the stage for the new life that you deserve! Discover the endless possibilities of your true self that will feed all of your endeavors. Become one with the energies that guides us into success!

Write your goals over the next two weeks in preparation to activate them on the full moon by the cauldron's flame.

**Sunday, March 27; 2:30pm to 4pm; \$20**

*Space is limited, pre-registration encouraged*



# PHOENIX & DRAGON BOOKSTORE

You can register by phone at 404-255-5207

Store Hours: Monday – Saturday, 10 am to 8 pm; Sunday 12 noon to 6 pm

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2022			<b>1</b>	<b>2</b> Pagans in Recovery 8pm	<b>3</b>	<b>4</b> Shamanic Women's Group Vicki Evans 7pm	<b>5</b>
	<b>6</b> Art of Breath Class Noel Plaughter 12 Noon	<b>7</b>	<b>8</b>	<b>9</b> Pagans in Recovery 8pm	<b>10</b> [Zoom Class] Wisdom and Healing Through Shamanic Journeys Vicki Evans 7pm	<b>11</b>	<b>12</b> Folk Magic of Ukrainian "Pysanky" Eggs Candace Apple 10am
	<b>13</b> Courtyard Painting Collective Yesmara 10am	<b>14</b>	<b>15</b> Channeling Practice Group Vicki Evans 7pm	<b>16</b> Pagans in Recovery 8pm	<b>17</b> [Zoom Class] Transmission Meditation Share International USA SE Region 7:30pm	<b>18</b> [Zoom Class] Shamanic Women's Group Vicki Evans 7pm	<b>19</b> Goat Yoga GGA Dwarf Goat Yoga 11am Equinox Mask-Crafting Yesmara 1pm Monthly Group Session Yvonne O'Brien 2pm
	<b>20</b> Priestess of Tranquility Spring Equinox Retreat Annika 12 Noon Change Your Interiors, Change Your Life Roberta Grant 2pm Japanese Tea Journeys Western Immortal Tea 4pm	<b>21</b>	<b>22</b>	<b>23</b> Pagans in Recovery 8pm	<b>24</b> Wisdom and Healing Through Shamanic Journeys Vicki Evans 7pm Life After High- Demand Religion: How to Confidently Find Your Voice and Live Your Truth Melissa Lyon West 8pm	<b>25</b>	<b>26</b> Psychic Development Circle Susan Rushing 10:30am
	<b>27</b> New Moon in Aries Class Kali 2:30pm	<b>28</b>	<b>29</b>	<b>30</b> Pagans in Recovery 8pm	<b>31</b>		

# The Phoenix Psychic Center

*Clarity, Integrity, Compassion*

**Candace Apple** – Voyager Tarot

**Merry Bisogna** – Tarot, Pendulum

**Marilyn DuMont** – Astrology

**ErinMichael Finn** – Conscious Channel, Pet Communicator

**Kali** – Astrology

**Selena** – Clairvoyant, Psychic, Energy Clearer, Tarot Reader

**Susan Rushing** – Psychic Medium, Handwriting Readings

**Candace Zellner** – Medium, Channel

Call 404-255-5207 for an appointment

PHOENIX PSYCHIC CENTER  
GIFT CARDS AVAILABLE

## Enjoy Social Distancing

and receive **12% discount**  
on your purchase  
before 12:00 noon.

We encourage you to make your reservation  
during the less busy mornings.  
Time extensions may also be  
available during morning hours.

*Some of our psychics have returned to reading  
in store and in the annex. If you are interested in an  
in-person reading, please call us at 404-255-5207  
to see who is available. Social distancing guidelines  
will be observed during in-person readings.*



PHOENIX & DRAGON BOOKSTORE  
5531 ROSWELL ROAD NE  
ATLANTA, GA 30342



## MARCH SPECIAL

International Women's Day is March 6—a global day celebrating the social, economic, cultural, and political achievements of women. Receive a **20% discount** for all books on women's issues for the month of March.

As we face these challenging times, may we #standtogether with the people of Ukraine who treasure the choice of their democratic process and are willing to risk the danger of standing up to defend it. Explore our books on waging peace. Receive a **20% discount** on this topic through the month of March 2022.

## SAVE THE DATE

Friday, April 15: Be Your True Self: Libra Full Moon Ceremony with Intuitive Astrologer Kali



Events with Phoenix & Dragon logo are presentations by store staff or Phoenix Psychic Center practitioners.