

PHOENIX & DRAGON BOOKSTORE

Books and Gifts Celebrating the Human Spirit

April 2023

Wheel of the Year Series: Beltane



Susan Rushing and Rocky Hutchcroft

Join Susan Rushing and Rocky Hutchcroft as they celebrate Beltane—the fire festival—halfway between the spring equinox and summer. This gathering will take us out to the garden



for a true festival feeling. Enjoy festival yummies and a glass of iced tea while you tie your wishes to the wishing branch. A drumming circle will follow as we light the wishing branch sending your desires into the universe. Feel free to dress in your favorite festival attire. Frivolity is appreciated.

Saturday, April 29; 1pm to 3pm; \$20 Space is limited.

Group Reiki Session David Stample



Prepare to relax and release during this chakra balancing group reiki session hosted by David Stample. Be sure to dress comfortably with intentions and manifestations on the forefront of your mind. As we gather



for a collective healing session with breath work and high frequencies.

Sunday, April 30; 1pm to 3:30pm; \$16 2 sessions to choose from: 1pm to 2pm *or* 2:30pm to 3:30pm

Despacho Ceremony Jodi Smithson

In the Andean traditions of Peru, important transitions or beginnings are often marked by a despacho, a ceremonial offering (or prayer bundle) to the mountains, the earth, and the guiding spirits. For those who live in close connection with the earth, the despacho can be a communication to those forces of nature they love and respect: Pachamama (Mother Earth), the sun or the powers of light, and the guides or guardians of the spirit world who provide for the community, the family, and the individual. They are a very powerful healing tool. There are many types of despachos. Some despachos offer ayni (balance and reciprocity), while others offer to take out the negative energy in ones life, and still others offer love and prosperity. Each is a powerful way to bring about transformation and change, to set your intentions and let them go. A despacho is a beautiful offering, blending prayers, honoring and gratitude. In ceremony honoring the four directions, earth and sky, we create a sacred mosaic of all that can be possible in our lives. This colorful, many-layered bundle is made up of natural and burnable materials that represent the mountains, the earth, crops, plants, animals, the sea, and other aspects of nature. Following a despacho ceremony, the despacho is burned to release the prayers quickly to spirit so they can begin manifesting.

Saturday, April 15; 3:30pm to 5:30 pm; \$20



Please check the Facebook events page for the most up to date information about the April events in case there have been any modifications to online platforms.

Creating Your Own Intentional, Clearing Bath, and Why the Heck You Need One



Susan Rushing

In this interactive class, psychic development teacher, Susan Rushing will discuss how energy affects empathic people. She will also discuss and demonstrate how to create customized, intentional, clearing baths, using salt, oils, essential oils, herbs crystals, and candles. You will also learn how to develop rituals in order to use your bath to its highest benefit.

Saturday, April 1; 10:30am to 12 Noon; \$20 All supplies provided.

Learning the Tarot: Minor Arcana–Swords Darren Bucare

Darren Bucare shares his 25 years experience as a tarot reader and insights into the minor arcana. This month we feature the suit of swords and the element of air.

Saturday, April 1, 4:30pm to 6:30pm; \$30

Art of Breath Class Noel Plaugher

Learn to breathe... This class will cover breathing techniques used in many disciplines to provide relaxation, focus, and better health. Learn the art of breath from the author of *Standing Qi Gong*. Anyone can attend this class. Some topics covered are diaphragmatic breathing, techniques to relieve stress, breath for focus, and meditation. You will learn a lot and have a great time doing it!

Sunday, April 2; 12 Noon to 1:30pm Love offering gratefully accepted.

[Live and Zoom Class] Transmission Meditation Share International USA SE Region

Transmission is a simple group meditation which provides both a dynamic service to the world, and a powerful means of personal spiritual development. Introduced in 1974 by a great spiritual teacher, one of a group of enlightened, incorruptible, compassionate teachers known as the Masters of Wisdom, Transmission Meditation is free, open to all and will enhance any other spiritual practice in which you may be engaged.

Tuesday, April 4; 7:30pm to 9pm; Free Register: https://tinyurl.com/yn7378za

Midday Meditation

Yesmara

Yesmara will be holding free classes at noon every Wednesday. Cushioned chairs will be provided but attendees are always welcome to bring their own meditation mats or cushions. Class will be held on the second floor of the Steele building beside the bookstore (5505 Roswell Rd., Room 215).

Wednesdays, April 5, 12, 19, 26; 12 Noon to 1pm; Free

Pagans in Recovery

Pagans In Recovery is a 12 Step/12 Tradition fellowship based on the example pioneered by Alcoholics Anonymous. Pagans in Recovery seeks to create a place for those who worship more than one God and whose spirituality may include magical practices. Pagans in Recovery is available to all who need it and to be used in conjunction with a 12 Step program.

Wednesdays, April 5, 12, 19, 26; 8pm to 9pm; Free

W.I.L.D. Women

Vicki Evans

W.I.L.D. stands for Wise, Intuitive, Loving, and Divine. I believe that all women have the desire to make Wise choices, no matter their age. We are all Intuitive, even if you don't know it, you have that ability. Loving is something we all desire to be but we want the wisdom and intuition to guide us in making the best choices. Divine—divinity is your birthright, you were born connected to All That Is.

Thursday, April 6; 7pm to 9pm; \$20

Register: https://www.eventbrite.com/o/vicki-evans-31243313917 or PayPal.Me/vickievanshealing

Libra Full Moon Ceremony Yesmara

The full moon in Libra this month shines a light on balance within our relationships making this the day of the year to release indecision, co-dependent tendencies, and compulsions to please. The asteroid Chiron has a significant influence on this moon—Chiron teaches us through love and acceptance. We can learn how to walk with our wounds, wherein we might discover some of our greatest gifts. To learn more about the astrology of the Moon and how to work with its magic, join us at the full moon ceremony.

Thursday, April 6; 7pm to 8pm; Free

Healing Circle David Stample



Are you interested in healing for yourself and other? Join us for our healing circle, where we'll discuss and share different healing modalities amongst like minded people. We will also practice grounding, mediation techniques and divination tools.

Friday, April 7; 5pm to 7pm; Free

Intro to Tarot Reading Shae Anthony



Have you ever been interested in learning tarot cards? Join our inhouse tarot reader Shae Anthony to learn the meaning behind each tarot card. The tarot classes will explain in detail the traditional Rider Waite deck illustrations and meaning. Every tarot deck consists of 78 cards that are broken into sections.

The first class will focus on the Major Arcana has 22 cards, 0–21 which tells a story. The second class is the Minor Arcana 40 out of 56 cards that represent the suits (hearts, diamonds, spades, clubs) from the common deck of playing cards. The third class is the 16 courts (page, knights, queen, kings). Tarot is really an individual practice, the knowledge from these classes are powerful and will enhance your intuition.

Friday, April 7; 7pm to 8pm; Free

Hydrosol and Essential Oil Distillation Using a Copper Still Fleur + Forage, LLC

Learn how to distill hydrosols and essential oils using a copper still and locally grown herbs. The hydrosol is the water portion of a distillation and can be used anywhere you would use water. We will share recipes made with hydrosols. Fleur + Forage, LLC was started in 2021 by Marie-Lies Van Asten. She runs a free herbal and mobile clinic in Atlanta and teaches medicine making classes, plant ram-



bles, and distillation classes to raise funds for the free clinic and to share her love of plants with others.

Saturday, April 8; 2pm to 4pm; \$30

The Life Group Shae Anthony



Life can bring many uncertainties conveyed with fear, especially when emotions are not processed or explained. There are times in our lives when no one seems to understand, causing us to feel alone. If you are seeking a safe space to be spiritual, a like-minded community to share experiences, and become empowered to overcome life challenges please join Shae's Life Group! This one-hour session will provide helpful life coaching tips, coping techniques, and closing with a powerful meditation.

Monday, April 10; 6:30pm to 7:30pm; Free

Energy Healing Share Vicki Evans and Cat Pullen

Energy healers are you looking for a place to practice your healing abilities? Or maybe you are always giving and would like to receive healing too? This group is for practitioners, whether you are trained in Reiki, Crystal, Shamanic, or other healing modalities you are welcome to come and receive and share in the healing. All participants will both give and receive.

For now, this group is only for practitioners. We will also have the opportunity to discuss and ask questions about healing practices. Both Cat and Vicki are experienced healing practitioners and willing to answer questions and give guidance when requested.

Tuesday, April 11; 7pm to 8:30pm; \$10

[Zoom Class] Wisdom and Healing Through Shamanic Journeys

Vicki Evans

Would you like to be able to receive more guidance from the spiritual realms? Shamanic journeys are a tool that shamans use to go to non-ordinary reality, to the places where they can have a strong and clear connection to their spirit helpers. Fortunately, you don't have to be a shaman to benefit from doing a Shamanic Journey. In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum, and be guided into the spirit worlds where you are able to meet with guides who have come for you highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle presence so you know that you are in non-ordinary reality and allow you to relax and remember who you are. At other times they come with words or visions to bring forth the messages and healing for you. No experience is necessary. We will do two guided journeys unless everyone is experienced and then only the first one is guided.

Thursday, April 13; 7pm to 8:30pm; \$20

Register: https://www.eventbrite.com/e/wild-women-online -circle-tickets-503572307327

Goat Yoga GGA Dwarf Goat Yoga

Heal your mind, body and spirit with your favorite spirit animal, dwarf goats! Join us for some relaxation while you participate in goat yoga. This winter, we can host the classes indoor or outdoor, if the weather permits. So bring something warm and cozy just in case.



The Yogis will perform breathing exercises and various Yoga positions. While doing so, dwarf goats can hop around you, climb your back, sit on top of you, even nap on you or your yoga mats while you let go of all your stress.

There have been multiple claims of healing from animal therapy. The root of the Yoga poses are in Ashtanga and Kemetic Yoga. The class also includes a Sound Bath with

Tibetan sound bowls. The goats do their own thing while you enjoy the moment and release expectations. Beware as it may cause extreme happiness. The experience you will have can be very eye opening and align you with your 7 chakras.

Children 7 and up accompanied by a parent are welcome. Please bring a yoga mat to this class. Class will be taking place in the gallery.

Saturday, April 15; 12 Noon to 1pm; \$35

F.L.I.R.T Like a Goddess! *Annika Ford*

Flirt in the dictionary means to think about something or become involved in something in a way that is usually not very serious. F.L.I.R.T Like a Goddess is a joy-filled journey for women to experience life in a fun, sensual, and succulent way. F.L.I.R.T Like a Goddess offers women the possibili-

ties to expand in unimaginable ways



through the sacred feminine arts of fasting, dance, play, travel, rest, and more.

F.L.I.R.T Like a Goddess is a fun... not too serious way... for women to heal and rest their bodies and minds, return to inner peace, receive support in community and play, play in a way that restores them to wholeness.

Soooo ... are you ready to F.L.I.R.T Like a Goddess? **Sunday, April 16; Noon to 2pm; \$25**

Register: https://www.eventbrite.com/e/flirt-like-a-goddess-tickets-546430667837

Change Your Interiors, Change Your Life with Feng Shui Roberta Grant

Feng Shui, the study of the ancient Chinese art of placement, has been practiced for over 3,000 years in China. The growing popularity of this environmental art and science results in extraordinary effects on people, including rewarding relationships, new career opportunities, improved health and an increase in happiness and prosperity!

Join this informative, interactive and fun workshop to learn about the History, Principles, Bagua Map, the Five Elements, Ch'i Enhancers, Clutter Clearing, and much more!

Sunday, April 16; 2pm to 3:30 pm; Free

Love offerings gratefully appreciated.

Life Coaching Shae Anthony



Our spiritual journey can lead us in many directions while dealing with life struggles and uncertainties. Often times allowing frustration, confusion, anger and anxiety to overwhelm us. However, our emotions are positive message from our higher self to be more self aware. Join our in-house reader/life coach Shae Anthony's class. This class will change the narrative of self awareness with physics, astronomy, and the metaphysical to live a better life. Subsequently, having knowledge in these areas will provide helpful coping techniques. Ready to be empowered? **Monday, April 17; 6pm to 8pm; \$30** Call 404-255-5207 to register.



Channeling Practice Group *Vicki Evans*

This group is designed to give you a safe space to practice and refine your channeling skills. Are you looking to meet with others to share how your journey is going? Would you like to have people to practice with?

This group is meant for those people who have a little bit of experience in channeling, even if only in a workshop or among friends, to those who have more experience but want a safe place to develop and go deeper in their channeling.

We will go into various channeling exercises. Sometimes we will break into small groups, or do one-on-one practices, and occasionally we may share messages for the group or for each person in the group.

Tuesday, April 18; 7pm to 9pm; \$20

Register: https://www.eventbrite.com/e/channeling-practice-group-tickets-392618381147

[Zoom Class] W.I.L.D. Women

Vicki Evans

W.I.L.D. stands for Wise, Intuitive, Loving, and Divine. I believe that all women have the desire to make Wise choices, no matter their age. We are all Intuitive, even if you don't know it, you have that ability. Loving is something we all desire to be but we want the wisdom and intuition to guide us in making the best choices. Divine—divinity is your birthright, you were born connected to All That Is.

Thursday, April 20; 7pm to 8:30pm; \$20 Register: https://www.eventbrite.com/o/vicki-evans-31243313917

How to Overcome Anxiety and Stop Obsessive Thinking! *Allynn Taylor*

With the endless chatter surrounding us all day and evergrowing to-do lists, it's hard to keep your mind from racing. All that anxiety probably keeps you up at night. And that tension in your neck and shoulders? Blame anxiety. It's time to

stop this destructive cycle and free yourself from all the worry. Studies show that mindfulness and certain meditation techniques increase serotonin (the happy hormone), which decreases anxiety and depression! Discover:

- What your fears and anxiety are so that they no longer control you
- How you can become the master of your thoughts by creating an easy daily mindfulness practice
- Tools to live more in the present moment so that you can experience more peace
- How to reprogram negative thinking and step into a joyful life full of freedom and bliss

Thursday, April 20; 7pm to 8:30pm; Free

RSVP: https://www.eventbrite.com/e/602910671047

A Course in Miracles Demystified Sandra Niven

A once-a-month class about the modern spiritual classic: *A Course in Miracles*. *ACIM* is a roadmap—out of stress, striving and suffering and into peace, happiness and relaxation. The sessions will be fun, informative, interactive and make it easier to learn the main principles. All levels of students welcome.

Friday, April 21; 11am to 1pm; Love offerings accepted Call 404-255-5207 to register. Space is limited.

Poetry and Music Open Mic Night

As the winter chill and darkness is upon us, get bundled up and bring your poetry or songs to share and warm the night. We have missed the energy of community of poets. If you have been missing poetry nights too, join us for poetry, thought-provoking spoken word, or bring your guitar to turn your music to song.

We encourage poets of all ages to join us. The 7pm to 8pm hour features family-friendly material: Bring your children, grandchildren, or grandmother. The tone shifts from 8 pm to 9pm for more adult-themed topics.

All are welcome, including performers and spectators.

Friday, April 21; 7pm to 9pm; Free

Psychic Development Circle Susan Rushing



All levels of intuitives are welcome, from curious to beginner to advanced. The goal of this gathering is to:

- Boost intuitive skills
- Share and understand energy and how it works
- Learn and share psychic protection skills and methods
- Support and connect with other intuitives and healers who may have been experiencing similar feelings or happenings
- Learn new methods of divination

Each monthly circle will offer a meditation, a grounding exercise, a vibration raising exercise, an exercise in calling in psychic protection, and respectful sharing. A new topic for discovery will be introduced each month, such as, but not limited

to: manipulating energy, psychic protection, dowsing, psychometry, graphology, astral projection, mediumship, and more. *Everyone is welcome from ages 14 and up*.

Saturday, April 22; 10:30am to 12:30pm; \$20

Space is limited, prepaid registration is recommended.

Aura Photography The AuraWeaver

AuraWeaver is a specialty photography experience company. Clients receive an aura photo of themselves surrounded by their colorful energy and an interpretation of their photo by our readers. What is an aura you ask?! An aura is a physical representation of your astral body through color. Each color has its own representation to help guide you to a better understanding of your being.

Saturday, April 22 & Sunday, April 23; 12 Noon to 5pm Single photo: \$75; couples special \$160 (3 photos/2 people) Register: https://www.auraweaver.com/

Monthly Group Session

Yvonne O'Brien

Please join us for these special moments with our loved ones that have crossed over. It will be a session of fun-filled messages! It never ceases to amaze me how they know our every move—the good, bad and the oh so funny!

This is a group event where everyone will receive a short reading. It will be a Hello from the Other Side! Yvonne O'Brien will communicate with spirit to bring forth messages of hope and recognition from people who have crossed over.

Everyone who attends will receive a short reading. No guarantees are placed on times of readings. Due to COVID-19 restrictions on group gatherings, the maximum group size is twelve (12) people until further notice. So please book your ticket early!

Saturday, April 22; 2pm to 4pm; \$40

Register: http://www.yvonneobrien.com/events/tickets/

Sun Tea Happy Hour David Stample



Spring is here! Join us while we enjoy refreshing reiki-infused herbal iced tea steeped by the energizing rays of the sun. David will share insightful messages from spirit through Oracle cards. Every guest gets a one card pull during this collective reading where we get to see ourselves in others.

Tuesday, April 25; 6:30pm to 8pm; \$16

Wisdom and Healing Through Shamanic Journeys

Vicki Evans

Would you like to be able to receive more guidance from the spiritual realms? Shamanic journeys are a tool that shamans use to go to non-ordinary reality, to the places where they can

have a strong and clear connection to their spirit helpers. Fortunately, you don't have to be a shaman to benefit from doing a Shamanic Journey. In this group, you get the opportunity to sit back, listen to the soft and rhythmic beat of the drum, and be guided into the spirit worlds where you are able to meet with guides who have come for you highest good and will bring wisdom and/or healing for you. Sometimes they come quietly with just a subtle presence so you know that you are in non-ordinary reality and allow you to relax and remember who you are. At other times they come with words or visions to bring forth the messages and healing for you. No experience is necessary. We will do two guided journeys unless everyone is experienced and then only the first one is guided.

Thursday, April 27; 7pm to 8:30pm; \$20

Register: https://www.eventbrite.com/e/wisdom-and-healing -through-shamanic-journeys-tickets-416040717987?aff= ebdsoporgprofile or PayPal.Me/vickievanshealing

Tarot Class: The Court Cards Shae Anthony



Join our in-house tarot reader Shae Anthony to learn the meaning behind 16 tarot courts cards. These particular cards are from the traditional Rider Waite 56 Minor Arcana. The King, Queen, Knight, and Pages represent a person/personality. The courts personifies the four elements and zodiac signs. Shae will explain in detail the traditional Rider Waite illustrations and meaning. This class will include a bonus: Teaching four different kinds of readings/spreads.

Friday, April 28; 6pm to 8pm; \$40

Everything You Need to Know About Publishing Your Book and More! Noel Plaugher

If you want to learn how to get your book, an article, or poem published in your favorite magazine, then this is the event for you. Come and learn about querying, traditional publishing versus self-publishing, and more! Freelance writer and author, Noel Plaugher, will demystify the sometimes murky world of publishing and give you the tools to pursue your publishing goals. Noel is a regular contributor to *Black Belt Magazine* (print and digital editions) and has published books (nonfiction, fiction), short stories, blog posts, and numerous articles. Noel is a regular speaker at The Atlanta Comic Convention and DragonCon.

Saturday, April 29; 4pm to 6pm; Free Love offering accepted.

Meet and Greet House of Oakspring

Come meet the House of Oakspring! Located in the metro Atlanta area, Oakspring (/houseofoakspring.org) is a semi-private wiccan community with the charge to provide for spiritual expression, growth, and the exploration of the deeper mysteries. Founded at Beltane 2000, we provide the training of priestesses/priests, and offer information and education on the old religion to interested seekers.

Sunday, April 30; 4pm to 6pm; Free



PHOENIX & DRAGON BOOKSTORE

You can register by phone at 404-255-5207 Store Hours: Monday – Saturday, 10 am to 8 pm; Sunday 12 noon to 6 pm

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	APRIL SPEC April showe Bring Spring As faeries d Among the 20% off all t	ers g flowers ance rain drops.				Tokno.	Creating Your Own Intentional, Clearing Bath, and Why the Heck You Need One Susan Rushing 10:30am Learning the Tarot: Minor Arcana– Swords Darren Bucare 4:30pm
0 2 3	2 Art of Breath Class Noel Plaugher 12 Noon	3	Live and Zoom Class] Transmission Meditation Share International USA SE Region 7:30pm	5 Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	6 W.I.L.D. Women Vicki Evans 7pm Libra Full Moon Ceremony Yesmara 7pm	7 Healing Circle David Stample 5pm Intro to Tarot Reading Shae Anthony 7pm	Hydrosol and Essential Oil Distillation Using a Copper Still Fleur + Forage, LLC 2pm
ril 2	9	10 The Life Group Shae Anthony 6:30pm	11 Energy Healing Share Vicki Evans and Cat Pullen 7pm	Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	13 [Zoom Class] Wisdom and Healing Through Shamanic Journeys 7pm Vicki Evans	14	Goat Yoga GGA Dwarf Goat Yoga 12 Noon Despacho Ceremony Jodi Smithson 3:30pm
A p	F.L.I.R.T Like a Goddess! Annika Ford 12 Noon Change Your Interiors, Change Your Life with Feng Shui Roberta Grant 2pm	17 Life Coaching Shae Anthony 6pm	18 Channeling Practice Group Vicki Evans 7pm	Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	[Zoom Class] W.I.L.D. Women Vicki Evans 7pm How to Overcome Anxiety and Stop Obsessive Thinking! Allynn Taylor 7pm	A Course in Miracles Demystified Sandra Niven 11am Poetry and Music Open Mic Night 7pm	Psychic Development Circle Susan Rushing 10:30am Aura Photography The AuraWeaver 12 Noon Monthly Group Session Yvonne O'Brien 2pm
	Aura Photography The AuraWeaver 12 Noon 30 Group Reiki Session David Stample 1pm or 2:30pm Meet & Greet House of Oakspring 4pm	24	25 Sun Tea Happy Hour David Stample 6:30pm	26 Midday Meditation Yesmara 12 Noon Pagans in Recovery 8pm	27 Wisdom and Healing Through Shamanic Journeys Vicki Evans 7pm	28 Tarot Class: The Court Cards Shae Anthony 6pm	Wheel of the Year Series: Beltane Susan Rushing and Rocky Hutchcroft 1pm Everything You Need to Know About Publishing Your Book and More! Noel Plaugher 4pm

The Phoenix Psychic Center

Clarity, Integrity, Compassion

Shae Anthony – Intuitive Tarot Reader, Energy Healer, Clairsentient, Claircognizant, Life Coach

Candace Apple – Voyager Tarot

Merry Bisogna - Tarot, Pendulum

Darren Bucare – Tarot Reader, Vedic Palmistry, Psychic Medium, Past Life Regression

Marilyn DuMont - Astrology

ErinMichael Finn – Conscious Channel, Pet Communicator

Selena - Clairvoyant, Psychic, Energy Clearer, Tarot Reader

David Stample – Oracle Card Readings, Reiki Helaing, Spiritual Guidance

Candace Zellner - Medium, Channel

Call 404-255-5207 for an appointment

Phoenix Psychic Center Gift Cards Available

Enjoy Social Distancing

and receive **12% discount** on your purchase before 12:00 noon.







